



Pregnancy: There's an App for That!

What is Babyscripts?

Babyscripts is a mobile education platform offered through your health care provider to help **educate, prepare, and empower** you throughout each week of your pregnancy. Inside the app you'll find...

- Weekly tips and tasks
- Customized educational content
- Provider-approved resources
- Weight tracking feature
- Care team contact information

...to help keep you and your baby safe.

Convenience & Access

Educational content is delivered right to your fingertips. Access resources on genetic testing, safe medications, and updates from your provider anywhere, anytime. Babyscripts helps you prepare for what to expect, one week at a time.

"There are so many symptoms that you're not familiar with and you're not sure if it's normal or not. Babyscripts gave me the confidence to know that my pregnancy was on track and there was nothing to be worried about."

- Babyscripts Mom

Self-Empowerment

Through tracking your progress and utilizing educational tools and content, our goal is to empower YOU with your own health information.

How to Get Started

Typically, you are signed up for Babyscripts at your first OB appointment. Your provider will register you for the program. Once registered, you will receive a text message and e-mail with instructions to download the app. From there, you can begin exploring all that Babyscripts has to offer!

Questions? Contact Babyscripts Support
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